

THSPA Region 2 Division 3/4

Coaches,

I would like to welcome you to the start of the 2025 powerlifting season. Enclosed, you will find some important information for the upcoming powerlifting season.

Membership Dues

Amount- \$75- Made out to THSPA

Deadline- Must be postmarked January 24, 2025

Late Dues- \$200 if not postmarked by January 24, 2025. If not paid, lifters will not be able to compete at the Regional Meet.

Mail forms and checks to-

T.H.S.P.A
Box 1072
Crowley, TX 76036

Invitational Meets

If you are hosting a meet, you must get me the results by 4:00 pm on the Monday following the meet. The meet **must be** certified through me for results to count for Regional standings. This will be done through the website. There is a meet registration link for you to input all of your meet information on the THSPA website. You must use Powerscore to score your meet. It is provided free of charge through the THSPA website.

Dates

January 24- THSPA dues must be postmarked

February 22- Last Qualifying Date

February 24- Weight declarations for double qualified lifters- by 4:00 pm

March 8- Saturday-Regional Meet- West High School—West, Texas

March 21-22- State Meet- Taylor County Expo Center, Abilene, TX

Regional Standings

All regional standings will be available through the web site as well. If you are planning on hosting a meet, please remember that I must certify that meet prior to you holding the meet as well as the results of that meet for the standings to reflect the results of your meet. Meet results from schools that have not paid membership dues by the deadline may be withheld or dropped and all standings for the region will be affected.

Rulebooks

Rulebooks can be found on the THSPA website. www.thspa.us

I will send out more info on the Regional Meet in the near future. Good luck this season. If you have any questions, comments, or concerns, please do not hesitate to contact me.

Sincerely,

Steve Harralson
West High School
Region 2, Division 3/4
Cell #: 2544-744-0954
E-mail: Sharralson@westisd.net